Macrofabric and grain size analysis of moraines and other till deposits in the Serra da Estrela Mountains, central Portugal

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Macrofabric and grain size analysis of moraines and other till deposits in the Serra da Estrela Mountains, central Portugal

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**ABSTRACT**

Till macrofabric and grain-size analysis of glacial diamictons and landforms present in several valleys of the Serra da Estrela Mountains in central Portugal were used to interpret till types and to reconstruct the glacial paleoprocess history of this mountainous region. Supraglacial melt-out and flow tills are dominant in this range. Supraglacial melt-out tills, representative of periods of glacial stability and stagnation followed by recession, present weaker fabric data and coarser, poorly sorted sediments. Flow tills, mainly representative of glacial stability followed by recession, present crude layering, and soft-sediment deformation structures with moderate fabric data and coarser to fine, poorly sorted sediments. Glacial diamictons affected by post-glacial paraglacial activity in the form of landslides were also observed in three valleys. These present weaker to moderate fabric data and coarser, poorly sorted sediments. These glacial diamictons and landforms are of particular importance in the reconstruction of the glacial dynamics and history of the Serra da Estrela Mountains due to a scarcity of chronological data based on absolute dating methods. These mountains also represent the southernmost Atlantic range in Europe where significant glaciation took place, which makes it an interesting area to investigate mountain glacial dynamics in low elevation humid Atlantic coastal ranges and compare it with other Atlantic ranges.

**KEYWORDS**

Glacial geomorphology; till fabric; grain size; Serra da Estrela Mountains; Portugal

**ARTICLE HISTORY**

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**Introduction**

Research in glacial diamictons is important, as it is difficult to observe processes occurring under modern glaciers and ice sheets. Thus, landscapes and sediments that are the product of past glaciations can provide insight into processes that are occurring beneath modern glaciers (Benn & Evans, 1998).

Glacial sediments of all sizes are transported in, under, and on a glacier and can be deposited at the ice margin in different ways (Benn & Evans, 1998; Dowdeswell & Sharp, 1986; Easterbrook, 1999; Evans et al., 2010; Johnson, 1990; Lawson, 1982). Glacial deposition may involve a series of different processes such as fluvial, lacustrine, marine,
aeolian, and mass wasting (Johnson, 1990). However, deposition by the ice itself (till deposition) is generally the dominant process in the genesis of glacial diamictons with the sediment being usually very poorly sorted and containing a wide range of particle sizes. The differences in the character and structure of many glacial diamictons has led research in glacial geomorphology and geology to place greater emphasis on studies of glacial sedimentology (Benn & Evans, 1998; Li et al., 2006; Santos et al., 2015, 2017).

Amongst the methods used to understand the genesis of glacial diamictons and landforms is the examination of their sedimentological history and internal structure through a study of the dip and orientation of enclosed pebbles (Andrews, 1971; Benn & Evans, 1998) and through a calculation of the degree of sediment sorting (Nichols, 1999; Santos et al., 2017). The successful usage of till macrofabric and grain size analysis in the study of both ancient and modern glacial and mass wasting landforms and sediments has been reported by González-Gutiérrez et al. (2019), Johnson (1990), Lawson (1981, 1982), Lachnit et al. (1999), Li et al. (2006), Millar (2006), Santos and Cunha (2012), Santos et al. (2013, 2015, 2017), and Santos-González et al. (2013a).

This paper investigates the depositional history of several late Quaternary glacial diamictons and moraines present in the Serra da Estrela Mountains in central Portugal, an area where systematic sedimentological analysis of moraines and diamictons requires more detailed investigation (Daveau, 1971; Migón & Vieira, 2014; Vieira, 1998, 1999, 2004; Vieira et al., 2001a, 2003). This research is particularly important because of the geographic location of the Serra da Estrela mountains. It is the southernmost Atlantic range in southwest Europe where significant glaciation took place. On average the Serra da Estrela Mountains have modest elevations (highest elevation is 1993 m.a.s.l.) when compared with other glaciated mountain ranges in the Iberian Peninsula. This occurred because the paleo-ELA was around 1650 m.a.s.l. (Vieira, 2008), a low value for the Iberian Peninsula (Santos-González et al., 2013b). The proximity of the Northern Atlantic Ocean (around 93 kilometres) and its influence in the amount of snowfall delivered to these mountains, together with a large plateau between 1400 and 1993 m.a.s.l., have allowed glaciers to rapidly respond to fluctuations in climate (Vieira, 2008; Vieira & Nieuwendam, 2020). These conditions make this range an interesting area to investigate mountain glacial dynamics in low elevation humid Atlantic coastal ranges and compare it with other Atlantic ranges. Also, these mountains record the lowest glaciation latitude in Portugal and one of the lowest in the Iberian Peninsula and Europe which reinforces the importance of proximity to the North Atlantic Ocean. This research is part of a larger study in glacial geomorphology across the glaciated ranges of the western Iberian Peninsula in which comparisons of different glacial deposits are examined.

**Study area**

The study area consists of the glaciated valleys of the Serra da Estrela Mountains (40°20’N, 7°35’W) located in the west-central portion of the Iberian Peninsula (Figure 1). In terms of bedrock geology this range is dominated by Hercynian granites (300 Ma) installed in a marine Precambrian-Cambrian schist-metagreywacke sequence (650–500 Ma) (Vieira et al., 2005). Hercynian magmatism resulted in different granitic facies. Coarse-grained porphyritic biotite-muscovite granite in association with granodiorite
predominates in the region. In the core of the granitic massif, muscovite granite occurs, forming a zoned pluton structure (Vieira et al., 2005).

During late Hercynian times, a major strike-slip fault system with NNE-SSW and NE-SW orientations developed and affected the region. In the Mesozoic and Cenozoic, the Hercynian mountain range was eroded, followed by crustal uplift and planation (Vieira et al., 2005). According to Ribeiro (1988), Alpine compressive tectonics reactivated the NNE-SSW and NE-SW Hercynian faults and uplifted the mountain as a horst. The present relief is therefore a result of the Alpine orogeny that uplifted old Variscan/Hercynian structures during the late Paleogene. This tectonic upheaval would later have a significant influence on glacier development during the late Quaternary.

In terms of topography, two major plateaus divided by the SSW- NNE Alforfa and Zêzere glacial valleys dominate the relief of these mountains (Figure 1). The Torre – Penhas Douradas plateau (1993–1450 m.a.s.l.) located in the western side, and the Alto da Pedrice – Curral do Vento plateau, in the eastern side (1760–1450 m.a.s.l.) (Vieira et al., 2005). The Torre – Penhas Douradas plateau records the highest elevation of this range (1993 m.a.s.l. at Alto da Torre). These plateaus display flat surfaces at distinct altitudes and present a few wide valleys with moderate to severe pre and post-glacial fluvial erosion. Mountain peaks are uncommon with the notable exceptions of the Cantaro Magro (1928 m.a.s.l.) and Cantaro Gordo (1875 m.a.s.l.) (Figure 2). During late Quaternary times the Torre – Penhas Douradas plateau functioned as a main zone of accumulation in the genesis of several outlet glaciers that flowed in a number of valleys from an icefield generated in the plateau (Vieira, 2004, 2008; Vieira et al., 2001a).

Figure 1. Location map of the study area showing paleo-glacial extents and sample sites. Glacial extent is based on Vieira (2004) and observations during this research.
The largest glacial valley in the Serra da Estrela Mountains is the Zêzere valley, home to the largest outlet glacier in the range (Figures 1 and 3). It had an SSW- NNE orientation and an ice tongue over 10 km in length with the ice-front reaching the present location of the village of Manteigas at ca. 750 m.a.s.l. In some locations ice thickness reached 300 m (Vieira, 2008). Other important glacial valleys in this range were: the Alforfa valley with an NNE-SSW orientation and home to a smaller outlet glacier 5.8 km long with ice thickness up to 240 m; the Covão Grande valley with an ESE-WNW orientation and home to an outlet glacier approximately 6.2 km long with ice thickness reaching more than 180 m in several locations; the Covão do Urso valley with an SE-NW orientation and home to an outlet glacier 7.2 km long and ice thickness never greater than 240 m; the Loriga valley with an ENE-WSW orientation and home to an outlet glacier 6.7 km long with ice thickness up to 180 m. The smaller Alvoco and Estrela valleys located in the southwest portion of the range hosted small outlet ice tongues never reaching lengths greater than 2.5 km with ice thicknesses up to 90 m. Except for the Alvoco and Estrela valleys, all remaining valleys still exhibit well defined glacial U-shaped profiles with the Zêzere valley being the best example (Figure 3).

The Serra da Estrela Mountains are located in the boundary between the Mediterranean-Oceanic climatic zones. Present-day summers are warm and dry, and the wet season lasts from October to May, with a mean annual precipitation around
2500 mm in the summit and more than 2000 mm in the plateaus (Mora, 2010; Vieira et al., 2001a, 2005). The western portion of the mountain faces the Atlantic and presents a larger number of days with rainfall, but a slightly lower total amount than the eastern portion, which in turn experiences a smaller number of days with rain (Daveau et al., 1977). The mean annual temperature is below 7º C in locations above 1400 m.a.s.l. and 4º C for the Torre Plateau (Vieira & Mora, 1998). Snowfall occurs during the winter with Andrade et al. (1992) suggesting a median of 40 to 50 days with snowfall at 1400–1600 m. a.s.l.

**Previous work**

The first reference to the glacial geomorphology of the Serra do Estrela Mountains was made in the nineteenth century by Cabral (1884) in which glacial landforms were identified; however, it was only with Lautensach (1929, 1932)) that glaciation in these mountains was studied in some detail. Daveau (1971) revised Lautensach’s ideas and presented a more comprehensive account of the glacial geomorphology of the mountain which included a detailed geomorphic and bedrock geology study describing the location of the ice margin positions and glacial landforms in the major glacial valleys of the range via geomorphic maps. Since 1998 research on the glacial geomorphology of the Serra da Estrela Mountains has been the work of Vieira (1998, 1999, 2004, 2008), Vieira et al. (2001a), and (2005)). These authors updated information on ice maximum positions during the local Last
Glacial Maximum (LGM) and reported the location of newfound glacial landforms and deposits via detailed Quaternary geology mapping. Vieira et al. (2001a) and Palacios et al. (2012) also presented the first tentative maximum ice extent glacial chronologies for these mountains via thermoluminescence dating of fluvialglacial deposits and cosmogenic $^{36}\text{Cl}$ surface exposure dating of moraine boulders and glacially polished outcrops. Palacios et al. (2012) proposed a tentative age between 31 and 26 ka for the local LGM in the Serra da Estrela Mountains. More recently, with the classification of the territory as a UNESCO Global Geopark – the Estrela Geopark, new studies have commenced (Vieira & Nieuwendam, 2020).

This paper extends the geomorphic work of these authors and adds a detailed sedimentological study of glacial dianmictons and moraines in several valleys in order to provide a clearer picture of the ice dynamics during deglaciation. Detailed glacial sedimentological analyses are rare in the western portion of the Iberian Peninsula (González-Gutiérrez et al., 2019), with some exceptions in the Sanabria Mountains (Pérez-Alberti et al., 2011; Santos-González et al., 2015), the western portion of the Cantabrian Mountains (Redondo-Vega et al., 2006; Santos-González, 2012; Santos-González et al., 2013a) and the Serra da Peneda-Gerês Mountains (Santos et al., 2015, 2017).

**Methodology**

Reconstruction of the processes responsible for the genesis of glacial landforms and deposits was accomplished using standard geomorphic and sedimentological techniques. Identification of glacial landforms and deposits by type, shape, size, orientation, and slope was accomplished in the field via aerial and ground photographs. Till macrofabric (Andrews, 1971; Benn, 1994; Dowdeswell & Sharp, 1986; Hart, 1994; Johnson, 1990; Li et al., 2006; Mark, 1973) and grain-size analysis (Folk, 1955, 1966; Krumbein, 1934; Nichols, 1999; Udden, 1898; Wentworth, 1922) were the two techniques used to understand their internal sedimentology. Lithology, clast shape, and structure observations were also recorded.

The usage of macrofabric analysis in glacial deposits has been questioned by Bennett et al. (1999) and Carr and Rose (2003), however when used with care and supported by other sedimentological studies, especially with grain-size analysis, they are an important technique in reconstructing palaeoglacial processes and dynamics (Benn & Evans, 1996; Carlson et al., 2004; Evans et al., 2006, 2010; Karlstrom & Barendregt, 2001; Larsen et al., 2004).

At eight different sites (Table 1), A-axis fabrics of 25–100 clasts per deposit (25 clasts per sample) were determined. Three to four samples were used on most deposits to reduce the chance of sampling effects. Elongated clasts (long to intermediate axis ratio over 1.5) over 10 cm were chosen because they respond better to glacier flow and lead to a consistent fabric (Benn & Evans, 1996; Kjær & Krüger, 1998). Pebbles were taken from natural and artificial vertical exposures in each analysis, and all pebbles were taken from an area of $<1$ m$^2$. In order to avoid any degree of disturbance the upper 50 cm of every exposure was not sampled (Andrews, 1971). The program of Kamb (1959) on Rockware StereoStat V1.5 was used to plot and contour all data in equal-area nets. These representations provide information on
Table 1. Eigenvalues, azimuth, and plunge of the Serra da Estrela Mountains’ deposit fabrics. The location of the sites can be seen in Figures 1, 5, 9, 12, and 15.  

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</table>

*Averages are taken from all clasts in each site

the nature of the fabric that could be isotropic (no main direction), girdle (points distributed around a circle), or cluster (most of the A-axes clasts show the same orientation).

The eigenvalue method discussed by Mark (1973) was used in the statistical analysis of the data. According to Johnson (1990) and Benn (1994), this method determines three mutually perpendicular axes (eigenvectors V1, V2, and V3), the longest of which (V1) lies in the direction of maximum pebble clustering. The eigenvalues (S1, S2, and S3) describe the degree of concentration about each axis, referred to as the fabric strength; azimuth and plunge values describe the orientation of the V1 eigenvector, which in subglacial deposits typically is similar to the preferred glacial flow direction (Benn, 1994; Evans et al., 2006).
Lawson (1981), Millar (2006), Santos and Cunha (2012), Santos-González et al. (2013a), Santos et al. (2015, 2017)) used the eigenvalue of pebbles fabrics to describe diamictons in moraines and periglacial colluvium and interpret their genesis. The equilateral or general shape triangle introduced by Benn (1994) was used to plot the eigenvalues. This plots an isotropy index \( I = S3/S1 \) and an elongation index \( E = 1-(S2/S1) \), which together illustrate the degree of clustering, girdling, or randomness in the fabric. The data were also plotted in the biaxial diagram of Dowdeswell and Sharp (1986), which plots S1 and S3 values.

Grain-size distributions of 22 samples (200 g each) (Table 2) collected from the same eight sites used for pebble-fabric analysis were described using the Wentworth-Udden grain-size classification (Udden, 1898; Wentworth, 1922) and the phi scale of Krumbein (1934). This was undertaken only on the matrix component of the samples, where granules and pebbles (~2.0 \( \phi \)) were the coarsest grain size. Thus, all the samples were sieved through a 4.75 mm sieve prior to performing sieve analysis. Clast analysis was accomplished in the field by determining clast roundness using the classification of Folk (1955).

### Glacial geomorphology and sedimentology

The glacial geomorphology and sedimentology of the Serra da Estrela Mountains is quite rich in spite of the modest size of its glaciated area. Glacial depositional landforms related to the last glacial maximum advance are abundant and well preserved in the Zêzere, Alforfa, Covão Grande, and Covão do Urso glacial valleys. The most common glacial depositional landforms are terminal, lateral, and recessional moraines (Figure 4(a)). They are the product of ice stability and advances that occurred in Late Quaternary times (Daveau, 1971; Vieira, 1999, 2004; Vieira et al., 2005). The shape and morphology of most of these moraines is also very similar. They all present sharp crests with steep to moderate slopes and unweathered large granite boulders, showing that they are still geologically young (Vieira, 1999).

Glacial erosional landforms are also abundant in these mountains with the presence of the typical U-shaped profiles in the Zêzere (Figure 3), Alforfa, Covão Grande, and Covão do Urso glacial valleys. In the upper Zêzere and Alforfa glacial valleys it is possible to observe the best examples of glacial cirques in the entire range (Figure 4(b)). Roches mouttonées and striated rock outcrops, bearing evidence of the power of moving ice, are present throughout the landscape in all glacial valleys of the Serra da Estrela Mountains. Glacial deposits in the study area are for the most part naturally exposed, but some till deposits are exposed due to anthropogenic activity (e.g., roads and trails).

### Description and interpretation of the moraines and deposits

#### Alforfa valley

The Alforfa valley with its well-defined U-shaped profile is home to an array of glacial deposits and landforms (Figures 5, 6(a), and 7(a)). Five exposures present in two lateral moraines and a road cut were identified and sampled in the upper and mid portions of this valley (Figures 1 and 5).
Table 2. Grain size data of the Serra da Estrela Mountains’ deposits. The location of the sites can be seen in Figures 1, 5, 9, 12, and 15.

<table>
<thead>
<tr>
<th>Valley/Area</th>
<th>Exposure</th>
<th>Unit</th>
<th>Sample</th>
<th>Measured Grain Size %</th>
<th>Sorting (ϕ)</th>
<th>Graphic Mean</th>
<th>Standard Deviation</th>
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<td>1</td>
<td>1</td>
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</tr>
</tbody>
</table>

Alforfa valley lateral moraine 1

Lateral moraine 1 is a lateral-terminal moraine located in the upper and mid portions of the valley (Figures 6(a) and 7(b)). It is the largest and best preserved glacial depositional feature in the Alforfa valley. Three exposures were identified and sampled.

Exposures 1, 2, and 3 are located at 1516, 1533, and 1560 m.a.s.l., respectively, and at 176, 193, and 220 m above the valley floor. Ice thickness at these locations (based on till observations in these areas) must not have exceeded 176, 193, and 220 m, respectively.
These exposures are approximately 2.4 (exposure 1), 2.6 (exposure 2), and 2.1 m (exposure 3) thick and are all composed of one single sedimentary unit (Figure 6(b-d)). In all exposures, this unit is composed of a massive, very poorly sorted (average standard deviations for exposures 1, 2, and 3 of 2.20ϕ, 2.19ϕ, and 2.16ϕ, respectively), light brown, clast-rich, coarse sandy diamicton displaying average graphic means of 0.86ϕ (ranging from 0.83 to 0.88ϕ) for exposure 1, 0.93ϕ (ranging from 0.88 to 0.97ϕ) for exposure 2, and 0.96ϕ (ranging from 0.95 to 0.97ϕ) for exposure 3 (Table 2). Clasts are composed of sub-angular to angular granite in all of the exposure’s samples.

Data from these diamictons, in all exposures, indicates a weak to moderate fabric strength (S1 averages for exposures 1, 2, and 3 of 0.57, 0.59, and 0.66, respectively) (Table

---

**Figure 4.** Glacial depositional and erosional landforms in the upper Zêzere glacial valley. (a): The Poio do Judeu lateral moraine. (b): Glacial cirque.

**Figure 5.** Geomorphic map of the Alforfa valley displaying sample sites and landforms and sediments (according to Vieira, 2004). Moraines and exposures codes: AV1- Alforfa valley lateral moraine 1 exposure 1; AV2- Alforfa valley lateral moraine 1 exposure 2; AV3- Alforfa valley lateral moraine 1 exposure 3; AV4- Alforfa valley lateral moraine 2 exposure 1; AV5- Alforfa mid-valley diamicton exposure 1.
Figure 6. Glacial landforms and deposits on the Alforfa valley. (a): Alforfa valley lateral moraines 1 and 2. (b): Exposure 1 diamicton. (c): Exposure 2 diamicton. (d): Exposure 3 diamicton.

Figure 7. Glacial landforms and deposits on the Alforfa valley. (a): U-shaped profile of the Alforfa valley. (b): Alforfa valley lateral moraines 1 and 2. (c): Lateral moraine 2 exposure 1 diamicton. (d): Alforfa mid-valley diamicton exposure, probably affected by post glacial slope processes.
1). Clasts are poorly oriented (V1 averages for exposures 1, 2, and 3 of 21°, 22°, and 74°, respectively) (Figure 8) to the main paleo-ice flow NW-SE direction in these portions of the valley with a weak range in dip/plunge average values (10° to 19°) for all exposures (Table 1).

Alforfa valley lateral moraine 2
Lateral moraine 2 is a lateral-recessional moraine located in the upper and mid portions of the valley (Figures 5, 6(a) and 7(b)). One exposure present in the crest of this glacial landform was identified and sampled.

Exposure 1 is located at 1455 m.a.s.l. and 115 m above the valley floor. Ice thickness at this point must not have exceeded 115 to 120 m. This exposure is approximately 2 m thick and is composed by one single sedimentary unit (Figure 7(c)). This unit is composed of a massive, very poorly sorted (average standard deviation of 2.26φ), light brown, clast-rich, coarse sandy diamicton (average graphic mean of 0.90ϕ ranging from 0.83 to 0.97ϕ) (Table 2). Clasts in the samples are composed of sub-angular to angular granite. Data from this deposit show a weak fabric strength (S1 average 0.57) (Table 1). Clasts are poorly oriented (V1 13° to 76°) (Figure 8) to the main paleo-ice flow NW-SE direction in this portion of the valley with a weak range in dip/plunge values (6° to 18°) (Table 1).

Figure 8. Alforfa valley fabric data plotted on equal-area nets.
**Alforfa mid-valley diamicton**

A massive road-cut exposure present in the mid portion of Alforfa valley at 1398 m.a.s.l. and 70 m above the valley floor was identified and sampled (Figures 1 and 5).

The exposure is approximately 8 m thick and is also composed by one sedimentary unit (Figures 5 and 7(d)). This unit is composed of a massive, very poorly sorted (average standard deviation of 2.17ϕ), light brown, clast-rich, coarse sandy diamicton (average graphic mean of 0.79ϕ ranging from 0.72 to 0.85ϕ) (Table 2). Clasts are mostly composed of granite and generally sub-angular to angular. The fabric displays poorly to moderately oriented clasts (V1 103° to 210°) (Figure 8) to the main paleo-ice flow N-S direction in this portion of the valley with a moderate range in dip/plunge values (10° to 16°) (Table 1). S1 values ranging from 0.53 to 0.66 are representative of a weak to a moderate fabric strength (Table 1).

The fabric data seem to indicate that a landslide, a paraglacial process that has been reported as normal in many mountain slopes after glaciation (Ballantyne, 2002; Evans et al., 2006; Santos-González et al., 2018), could have affected the original till deposit, modifying its directional properties. Thus, for the till deposit in this exposure, no precise information can be given by fabric analysis. The interpretation will be analyzed in detail in the discussion chapter.

**Zêzere valley**

The Zêzere valley is the longest glacial valley in these mountains and home to an array of glacial deposits and landforms (Figures 3, 4(a), and 4(b)). Three exposures present in a lateral moraine, a recessional moraine, and a road cut were identified and sampled in the upper, middle, and lower portions of this valley (Figures 1 and 9).

**Zêzere valley lateral moraine (also known as Poio do Judeu Moraine)**

The Poio do Judeu Moraine is a massive lateral moraine located in the upper portion of the valley (Figure 4(a)). It is the largest glacial depositional feature in the Zêzere valley. One exposure present in this feature was identified and sampled (Figures 1 and 9).

Exposure 1 is located at 1625 m.a.s.l. and 223 m above the valley floor (Figure 9). Ice thickness at this point (based on till observations in this area) must not have exceeded 220 to 230 m. This exposure is approximately 2.5 m thick and is composed by one single sedimentary unit (Figure 10(a)). This unit is composed of a massive, very poorly sorted (average standard deviation of 2.19ϕ), light brown, clast-rich, coarse sandy diamicton (average graphic mean of 0.80ϕ ranging from 0.70 to 0.90ϕ) (Table 2). Clasts in the samples are composed of sub-angular to angular granite. Data from this deposit displays a weak fabric strength (S1 average 0.57) (Table 1). Clasts are poorly oriented (V1 220° to 318°) (Figure 11) to the main paleo-ice flow WSW-ENE direction in this portion of the valley with a moderate to weak range in dip/plunge values (2° to 24°) (Table 1).

**Zêzere valley recessional moraine 3 (Lagoa Seca Complex)**

This recessional moraine is located on the mid-right section of the Zêzere valley at 1410 m. a.s.l. (Figures 1 and 9). It is part of a morainal complex (known as the Lagoa Seca Complex) and is composed of a terminal moraine and three recessional moraines with a dry inter-morainal lake located between the second and third recessional moraines (Figure 10(b)). Ice from the Zêzere valley glacier in this section of the valley exceeded 300 m in thickness and
overflowed into the upper Beijames Valley generating a small ice tongue responsible for the genesis of this morainal complex (Vieira, 2004). One exposure present on the proximal side of this glacial landform was identified and sampled (see Figure 9 for location).

Exposure 1 is located at 1410 m.a.s.l. and 298 m above the valley floor (Figure 9). It is approximately 3.5 m thick and composed by two sedimentary units described by Vieira (2004), as a lower subglacial traction till and an upper flow till unit (Figure 10(c)). Due to logistical constraints to dig the lower unit, our analysis was restricted to the upper unit. This unit is composed of a very poorly sorted (average standard deviation of 2.16ϕ), light brown, clast-rich, coarse to medium sandy diamicton (average graphic mean of 0.79ϕ ranging from 0.55 to 1.02ϕ) (Table 2) exhibiting crude layering and soft-sediment deformation structures (Figure 10(c)). Clasts are composed of granite and are sub-angular to angular. The fabric essentially displays poorly oriented clasts with a few pockets of moderately oriented clasts (V1 81° to 135°) (Figure 11) to the main paleo-ice flow SSW-NNE direction in this portion of the valley with a moderate range in dip/plunge values (12° to 19°) (Table 1). S1 values ranging from 0.60 to 0.66 are representative of a moderate fabric strength (Table 1).
Zêzere lower valley till
A massive road-cut exposure present in the lower portion of the Zêzere valley at 805 m.a.s.l. and 80 m above the valley floor was identified and sampled (see Figure 9).

The exposure is approximately 5 m thick and is composed of one single sedimentary unit (Figure 10(d)). This unit is composed of a massive, very poorly sorted (average standard deviation of 2.24\(\phi\)), light brown, clast-rich, coarse sandy diamicton (average graphic mean of 0.79\(\phi\) ranging from 0.75 to 0.83\(\phi\)) (Table 2). Clasts in the samples are composed of sub-angular to angular granite. Data from this deposit show moderate to weak fabric strength (\(S_1\) average 0.63) (Table 1). Clasts are essentially poorly oriented (\(V_1\) 120° to 220°) (Figure 11) to the main paleo-ice flow S-N direction in this portion of the valley with a very weak range in dip/plunge values (average 6°) (Table 1).

Covão Grande valley
Although less impressive than the Zêzere valley, the Covão Grande valley has noteworthy glacial landforms and deposits. Two exposures present in a lateral moraine were identified and sampled in the mid portion of this valley (Figures 1 and 12).

Figure 10. Glacial landforms and deposits on the Zêzere valley. (a): Poio do Judeu lateral moraine diamicton. (b): Intermorainal dry lake between recessional moraines 2 and 3 in the Lagoa Seca Complex. The Poio do Judeu lateral moraine is also visible. (c): Recessional moraine 3 diamicton exhibiting crude layering and soft-sediment deformation structures. (d): Zêzere lower valley diamicton.
Covão Grande valley lateral moraine

This lateral moraine is a lateral-terminal moraine located mainly in the mid and lower portions of the valley (Figure 13(a)). It is the largest glacial depositional feature (up to 1.7 km in length) in the Covão Grande valley and two exposures were sampled (Figure 12).

Exposure 1 is located at 1570 m.a.s.l. and 170 m above the valley floor (Figure 12). Ice thickness at this point must not have exceeded 170 to 180 m. This exposure is approximately 1.2 m thick and is composed of one single sedimentary unit (Figure 13(b)). This unit is composed of a massive, very poorly sorted (average standard deviation of 2.30φ), light brown, clast-rich, coarse sandy diamicton (average graphic mean of 0.88φ ranging from 0.87 to 0.88φ) (Table 2). Clasts in the samples are composed of sub-angular to angular granite. Data from this deposit indicate a moderate fabric strength (S1 average 0.59) (Table 1). Clasts are moderately to well oriented (V1 average of 279°) (Figure 14) to
the main paleo-ice flow ESE-WNW direction in this portion of the valley with a moderate to weak range in dip/plunge values (average 10°) (Table 1).

Exposure 2 is located at 1568 m.a.s.l. and 168 m above the valley floor (Figure 12). It is approximately 1 m thick and displays one sedimentary unit (Figure 13(c)). This unit is composed of a very poorly sorted (average standard deviation of 2.15ϕ), light brown,
clast-rich, coarse sandy diamicton (average graphic mean of 0.70ϕ) (Table 2). Clasts in the sample are composed of sub-angular granite and data from this deposit show moderate fabric strength (S1 average 0.75) (Table 1). Clasts are moderately to well oriented (V1 average of 111°) (Figure 14) to the main paleo-ice flow ESE-WNW direction in this portion of the valley with a moderate to weak range in dip/plunge values (average 8°) (Table 1).

Covão do Urso valley

The Covão do Urso valley also has many significant glacial landforms and deposits, however exposures are scarce. One exposure dug in a lateral moraine was sampled in the upper portion of this valley (Figures 1 and 15).

Covão do Urso valley lateral moraine

This lateral moraine is a massive lateral-terminal moraine. It is the largest glacial depositional feature (up to 4 km in length) (Figure 13(d)) in the entire Serra da Estrela Mountains (Vieira, 2004, 2008) and one exposure was sampled (see Figure 15).

Exposure 1 is located at 1440 m.a.s.l. and 221 m above the valley floor (Figures 13(d) and 15). Ice thickness at this point must not have exceeded 230 m. This exposure is approximately 1.1 m thick and displays one sedimentary unit. This unit is composed of a very poorly sorted (average standard deviation of 2.18ϕ), light brown, clast-rich, coarse sandy diamicton (average graphic mean of 0.64ϕ ranging from 0.55 to 0.73ϕ) (Table 2). Clasts in the samples are composed of sub-angular to angular granite. Data from this deposit show a moderate fabric strength (S1 average 0.63) (Table 1). Clasts are moderately to well oriented (V1 average of 115°) (Figure 14) to the main paleo-ice flow SE-NW direction in this portion of the valley with a moderate to weak range in dip/plunge values (average 13°) (Table 1).

Figure 15. Geomorphic map of the Covão do Urso valley displaying sample sites and landforms and sediments (according to Vieira, 2004). Moraines and exposures codes: CU1- Covão do Urso valley lateral moraine exposure 1.
**Interpretation and discussion**

Studies of moraine morphology and till sedimentology are important elements in reconstructing paleoglaciological dynamics. Fabric and grain size data, among other deposit characteristics, are the most relevant tool to infer glacial dynamics; nevertheless, other geomorphic data are typically required to complete paleoglaciological reconstructions.

In the Serra da Estrela Mountains, the preferred ice paleoflow direction in all glacial valleys studied seems to match the overall valleys’ main orientation. In some cases, paleoflow directions are also supported by the orientations of lateral moraines (Zêzere lateral moraine and Alforfa lateral moraines 1 and 2) where main A-axis directions (V1) generally corresponded to the main orientation of these features.

Comparisons between fabrics show some differences between fabric shapes, especially in S1 values. The tertiary diagram introduced by Benn (1994) (Figure 16) and the biaxial diagram of Dowdeswell and Sharp (1986) (Figure 17) differentiate transitional fabrics obtained from flow tills from girdle to transitional fabrics from supraglacial melt-out tills (ablation tills) and remobilized till.

The moraine and till sedimentology present in the Serra da Estrela Mountains glacial valleys reveal the presence of at least two types of glacial till. In the Zêzere (lateral moraine and lower valley till) and Alforfa (lateral moraines 1 and 2) valleys, the clast-rich, coarse sandy diamictons are interpreted to be supraglacial melt-out tills. Samples in these valleys present girdle to transitional fabrics (Figures 16 and 17) lacking a clear preferred main orientation with S1 eigenvalues (ranging from 0.47 to 0.77) (Table 1) expressing a weak to moderate fabric strength. In supraglacial melt-out tills pebble a-axis fabrics often have moderate to strong preferred orientations parallel to the ice flow direction (reflecting the original englacial fabrics) but ice fusion, meltwater dynamics, mass movements and sediments readjustments or, even post-depositional processes are all common in active or stagnant supraglacial environments and may overprint or change the original fabric (Evans, 2018; Ham & Mickelson, 1994; Lawson, 1979). This seems to be the case when examining these diamictons. They all present a significant range in A-axis directions (V1) and S1 eigenvalues (Table 1), which supports the very heterogeneous nature of supraglacial melt-out till fabrics (Larson et al., 2016).

Results from the grain size analysis of these diamictons samples present unimodal to bimodal distributions and reveal they are composed of very poorly sorted, clast-rich, coarse sand with sub-angular to angular clasts. These characteristics are common in supraglacial melt-out tills where sediment is coarser and contains more angular clasts due to weathered debris falling on the ice from nearby active mountain slopes and the lack of crushing or striation common under and within moving ice (Haldorsen, 1981; Santos et al., 2017). Weathered sediments are angular and usually have similar sizes contributing to unimodal distributions (Benn & Evans, 1996; Buller & Mc Manus, 1973; Santos et al., 2015).

The clast-rich coarse to medium sandy diamicton exhibiting crude layering and soft-sediment deformation structures present in the Zêzere valley recessional moraine 3 is interpreted to be a flow till as proposed by Vieira (2004) using micromorphologic analysis. All samples from this diamicton present transitional fabrics (Figures 16 and 17) with poorly oriented clasts mixed with some pockets of moderately oriented clasts to
the main paleo-ice flow direction (Figure 11) and S1 eigenvalues (ranging from 0.60 to 0.66) (Table 1) expressing a moderate fabric strength. Flow till is formed by the resedimentation, via mass movement, of sediments released by melt out from debris-rich glacier ice. This process usually leads to the genesis of crude layering and soft-sediment deformation structures (Bennett et al., 1999). According to Lawson (1982), the fabric strength and character of flow tills is largely a function of the fluidity of the depositional
flow. Strong clustered fabrics may develop in fast, thin flows, whereas slow moving creep-type flows may develop girdle weak fabrics. Within and between flow packages rapid spatial variation in fabric is typical of reworking (Rose, 1974).

The grain size analysis results of the diamicton samples present unimodal to bimodal distributions and reveal they are composed mainly of very poorly sorted, clast-rich, coarse to medium sand. These characteristics are common in flow till where sediment is usually less coarse than in supraglacial melt-out till due to some degree of sorting during multiple episodes of re-sedimentation and contributions of fine-grained sediment from melting englacial debris bands (Boulton, 1968; Lawson, 1982). According to Bennett and Glasser (2009), some individual flow packages may in fact be sorted, however this characteristic was not observed in this diamicton.

The clast-rich, coarse sandy diamictons present in the mid portion of the Alforfa valley and in the lateral moraines of the Covão Grande and Covão do Urso valleys are interpreted to be a supraglacial melt-out tills remobilized and altered by post glacial mass-wasting activity. Their samples present girdle to transitional fabrics (Figures 16 and 17) with S1 eigenvalues (ranging from 0.53 to 0.75) (Table 1) expressing a weak to moderate fabric strength. The girdle fabrics support the genesis of the supraglacial melt-out tills and the transitional fabrics presenting in many cases orientations both perpendicularly and parallel to the valley’s main orientation to their post glacial re-mobilization by mass-wasting activity. Poorly sorted coarse sand with unimodal to bimodal grain size distributions and sub-angular to angular clasts in these diamictons also support their supraglacial melt-out till genesis followed by post glacial mass-wasting re-mobilization with minor fluvial reworking.

Till macrofabric analysis data from other glaciated mountain systems in the Iberian Peninsula have also yielded similar results (Table 3). In the Cantabrian Mountains of northern Spain and in the Peneda and Géres Mountains of northwest Portugal, Santos-González et al. (2013a), Santos et al. (2015, 2017) reported supraglacial melt-out tills displaying transitional-to-girdle fabrics with medium to high isotropic indexes and supraglacial melt-out tills remobilized by mass movements displaying transitional-to-girdle fabrics. According to these authors the supraglacial melt-out tills represented glacial stabilization and recessional phases and the remobilized supraglacial melt-out tills post glacial (paraglacial) mass wasting processes, which are common in many mountain slopes after glaciation (Ballantyne, 2002; Evans et al., 2006; Santos-González et al., 2018).

With the newly obtained data, it is possible to reconstruct a hypothetical/tentative deglacial paleoprocess history for the study area. In stage one, likely during and near the end of the local LGM, periods of glacial stability followed by recession deposited the supraglacial melt-out tills present in the Zêzere lower valley exposure and in the lateral-terminal and lateral-recessional moraines present in the Alforfa and Zêzere valleys. All these moraines are therefore interpreted to be dump moraines. The flow till present in the Zêzere valley recessional moraine 3 (Lagoa Seca Complex) was also deposited during a phase of stability followed by recession and re-sedimentation, via mass movement, of sediments released by melt out from debris-rich ice from the Zêzere glacier as it receded from the upper Beijames Valley. In stage two, after the local LGM, as ice quickly receded from these valleys, post glacial slope processes occurred as shown by the remobilized
supraglacial melt-out tills present in the Alforfa mid valley exposure and in the lateral moraines of the Covão Grande and Covão do Urso valleys.

Currently, the glacial chronology of the Serra da Estrela Mountains based in absolute dating methods is still incomplete. Chronological data based on cosmogenic $^{36}$Cl dating of moraine boulders and glacially polished outcrops from several locations in the mountains of the Iberian Central System (Serra da Estrela, Portugal and Sierra de Gredos and Sierra de Guadarrama, Spain) suggest ages of 31 and 26 ka BP for the local LGM with fast retreat occurring after 16–15 ka BP, when glaciers completely abandoned the valleys (Palacios et al., 2012, 2011; Vieira & Palacios, 2010). In the Cantabrian Mountains of northern Spain, several datasets suggest a glacial maximum earlier than 30,000 to 60,000 years BP (Frochoso et al., 2013; Jalut et al., 2010; Jiménez-Sánchez et al., 2013; Serrano et al., 2013). In the Sanabria Mountains of northwest Spain, Pérez-Alberti et al. (2011) and Rodríguez-Rodriguez et al. (2011) present minimum ages of 21 to 33 ka BP for the local LGM. All these ages seem to point out some synchrony in the events related to the time of the LGM in the northern and central portions of the Iberian Peninsula.

**Conclusion**

Till macrofabric and grain size analysis in the Serra da Estrela Mountains were used to reconstruct glacial dynamics in this mountainous region. An icefield with several outlet glaciers developed depositing numerous glacial diamictons and moraines. Using the orientation dips of clasts and grain size analysis it was possible to discern:

- Supraglacial melt-out tills, representative of glacial stability followed by recession, normally presenting weaker fabric data and coarser, poorly sorted sediments.
- Flow till, mainly representative of glacial stability followed by recession, presenting moderate fabric data and coarser to fine, poorly sorted sediments.
- Glacial deposits affected by post glacial paraglacial activity such as landslides presenting weaker to moderate fabric data and coarser, poorly sorted sediments.

These glacial diamictons and moraines confirm the importance of the Quaternary glaciations in the Serra da Estrela Mountains. Some chronological data about the time of glaciation in these mountains based on absolute dating exists but an extra effort is

<table>
<thead>
<tr>
<th>Case study (reference)</th>
<th>Till type</th>
<th>$S1$ eigenvalue range</th>
<th>$S1$ eigenvalue mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Santos-González et al., 2013a (Cantabrian Mountains)</td>
<td>Supraglacial melt-out till</td>
<td>0.54–0.67</td>
<td>0.51</td>
</tr>
<tr>
<td>Santos et al., 2015 (Serra da Peneda Mountains)</td>
<td>Remobilized till</td>
<td>0.51–0.76</td>
<td>0.61</td>
</tr>
<tr>
<td>Santos et al., 2017 (Serra do Gerês Mountains)</td>
<td>Supraglacial melt-out till</td>
<td>0.44–0.74</td>
<td>0.58</td>
</tr>
<tr>
<td>Serra da Estrela Mountains</td>
<td>Remobilized till</td>
<td>0.46–0.72</td>
<td>0.57</td>
</tr>
<tr>
<td></td>
<td>Supraglacial melt-out till</td>
<td>0.53–0.88</td>
<td>0.71</td>
</tr>
<tr>
<td></td>
<td>Remobilized till</td>
<td>0.47–0.77</td>
<td>0.59</td>
</tr>
<tr>
<td></td>
<td>Remobilized till</td>
<td>0.53–0.75</td>
<td>0.63</td>
</tr>
</tbody>
</table>
needed in order to refine the glacial chronology for each individual glaciated valley. An important question that should be answered by future research is about whether or not there was glacial synchrony in all glaciated valleys.

Despite their modest elevation (1993 m.a.s.l.) and location in southwestern Europe, significant glaciation took place and an icefield with several glacial tongues developed. The moist climate of this mountain range (currently over 2500 mm of annual precipitation) probably influenced glacial development making it an interesting site for reconstructing paleoclimatic dynamics in southern Europe and glacial responses to climate change.

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Disclosure statement

No potential conflict of interest was reported by the authors.

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